

The McDowell Center is a safe and supportive environment with a dormitory wing, training spaces, cafeteria, auditorium, fitness room and recreation areas.

Please call or email us to find out more about our programs or to schedule a tour of the McDowell Center.

502-429-4460 800-346-2115

Email: Pam.Minton@ky.gov

Training opportunities at the McDowell Center are individually designed to help people reach their own career and personal goals.

Live in the dormitory, attend as a day student and commute to the McDowell Center or attend as a virtual student from your home community.

The dormitory is staffed with Residential Aides and offers single occupancy rooms, each with a private bathroom as well as a cafeteria, exercise room, and laundry facility.



# > Kentucky Career Center Vocational Rehabilitation



# Charles W. McDowell Center

Skills Training for People With Vision Loss



Scan QR Code to Learn More

8412 Westport Road Louisville, KY 40242 502-429-4460 or 800-346-2115 The McDowell Center programs are geared toward increasing employment opportunities as well as enhancing independence at home, in the community, and at work.

Students at the McDowell Center receive individualized training in one-on-one or small group settings based on their employment goals or their independent living needs.



## **Orientation & Mobility**

Learn white cane skills to travel safely and confidently at home and around your community.



# **Progressive Employment**

### **Career Exploration**

Build professional skills and explore career options through business tours, interviews, job shadowing and/or paid work experience.

### **Career Preparation**

Learn job-search methods, resume development, networking, professionalism and interview skills.

# Personal Adjustment Counseling

Receive counseling, support and encouragement as you adapt to vision loss.

### **Independent Living**

### **Home Management**

Learn tips, techniques and use of assistive devices for clothing management, cooking, cleaning, shopping and budgeting.

#### **Health Education**

Learn proper use of diabetic devices, nutrition and diet, medications and other health-related topics.

## **Assistive Technology**

Learn to use screen-reading software to improve your skills with Microsoft Office or Google Suites.



### **Braille Instruction**

Learn or improve your knowledge of Braille for reading, writing, labeling and other communication.