

As a person with a disability, you can get help finding a job.

Where do I start?

- The Kentucky Office of Vocational Rehabilitation (OVR) helps people find jobs.
- You can find your local OVR office by entering your zip code or scanning the QR code.
- Call the phone number listed to schedule an appointment with a vocational rehabilitation (VR) Counselor.
- Take documents to your appointment that show you have a disability. Your parent, guardian, or case manager may be able to locate these.
- If you don't have any documents, the VR Counselor can help you locate them after your appointment.



What kind of help can I get?

The VR Counselor can help you:

- Identify what you are good at and what kind of work you want to do.
- Determine where to look for work and how to apply for jobs.
- Learn how to do the work and get to know your co-workers.
- Find out what kind of equipment or additional help you might need to do your job.

The VR Counselor may also connect you to the Employment Specialist who can help.

Who else can help?

- If you are still in high school, ask your teacher how a Transition Consultant might be able to help you learn about work and find a job.
- If you have a Medicaid Waiver such as Supports for Community Living, Michelle P. Waiver, or Acquired Brain Injury, ask your Case Manager about help finding work.
- If you need help on your job, such as learning new tasks or problem solving, your waiver can provide this too.
- You can always call your local VR office if you need help finding a different job.

