

# As a person with a disability, you can get help finding a job.

## Where do I start?

- The Kentucky Office of Vocational Rehabilitation (OVR) helps people find jobs.
- You can find your local OVR office by entering your zip code or scanning the QR code.
- Call the phone number listed to schedule an appointment with a vocational rehabilitation (VR) Counselor.
- Take documents to your appointment that show you have a disability. Your parent, guardian, or case manager may be able to locate these.
- If you don't have any documents, the VR Counselor can help you locate them after your appointment.



## What kind of help can I get?

The VR Counselor can help you:

- Identify what you are good at and what kind of work you want to do.
- Determine where to look for work and how to apply for jobs.
- Learn how to do the work and get to know your co-workers.
- Find out what kind of equipment or additional help you might need to do your job.

The VR Counselor may also connect you to the Employment Specialist who can help.

## Who else can help?

- If you are still in high school, ask your teacher how a Transition Consultant might be able to help you learn about work and find a job.
- If you have a Medicaid Waiver such as Supports for Community Living, Michelle P. Waiver, or Acquired Brain Injury, ask your Case Manager about help finding work.
- If you need help on your job, such as learning new tasks or problem solving, your waiver can provide this too.
- You can always call your local VR office if you need help finding a different job.

