

CDPVTC Training Area

Childcare Development

The Childcare Development training program is created to fulfill the workforce requirements of businesses hiring childcare workers or preschool teachers at the entry level.



Expectations & Requirements

While on the job, you will be expected to display the following traits at all times:

- Punctuality and dependability
- Attention to detail and accuracy
- Cooperation
- Ability to actively listen
- Capacity to communicate effectively
- Self-control

Minimum Requirements

To enroll in the Childcare Development training program, students need to have a high school diploma or its equivalent. Additionally, all students must complete a TB skin test, undergo a criminal background check, a Child Abuse/Neglect (CAN) check, and a case review before they can join the program.

Students should have physical capabilities such as walking, standing, bending, stooping, squatting, and twisting for moderate to prolonged periods. They should also be able to lift and carry items weighing 50lbs frequently and 100lbs occasionally.

Learning Objectives

- Keep children safe during playtime
- Help children get dressed and change diapers
- Watch and supervise children while they play
- Talk to parents or guardians about daily activities, behaviors, and concerns
- Clean and sanitize toys and play equipment
- Support children's emotional and social development, helping them understand others and feel good about themselves
- Recognize signs of emotional or developmental issues in children and inform parents or guardians
- Assist with food preparation and serving meals and snacks to children
- Teach children about healthy habits like eating, resting, and using the toilet
- Create lesson plans suitable for children's development
- Read to children and teach them simple activities like painting, drawing, crafts, and songs
- Handle discipline and suggest ways to improve behavior, like taking care of their belongings and cleaning up
- Ensure children have proper rest periods
- Organize and maintain order with toys and materials in activity areas

Career Options

After successfully completing the Childcare Development training program, students will be prepared to pursue entry-level positions in either of the following areas: Childcare Worker or Preschool Teacher.

Childcare Worker


Responsible for supervising and ensuring the safety of children. They organize mealtimes and snacks, assist with maintaining good hygiene, and handle diaper changes for infants and toddlers. Childcare workers plan activities or implement a curriculum that encourages children to learn and explore their interests. They establish schedules and routines to ensure appropriate levels of physical activity, rest, and playtime. They also observe children for any signs of emotional or developmental issues and inform parents accordingly. Keeping records of children's progress, routines, and interests is an essential part of their role. Childcare workers may have additional duties as assigned.

Preschool Teacher/CDA prerequisites

The role of a preschool teacher involves teaching children fundamental skills such as recognizing colors, shapes, numbers, and letters. They work with children individually or in groups, tailoring their approach to meet the children's needs and the subject matter. Preschool teachers develop and implement a curriculum that focuses on various aspects of child development. They organize activities that enable children to explore the world, develop skills, and pursue their interests. Establishing schedules and routines that incorporate adequate physical activity, rest, and playtime is crucial. Preschool teachers also observe children for any emotional or developmental challenges, promptly communicating these concerns to parents. Keeping records of student progress, routines, interests, and regularly updating parents about their child's development is an integral part of the role. Preschool teachers may have additional duties as assigned.

Students enrolled in the Childcare Development training program will have the opportunity to earn the American Red Cross Advanced Childcare training certification, the American Heart Association's CPR/FA certifications, the Commonwealth Child Care credential, and the Child Development Associate credential.

Upon completion of this training program, students will have the qualifications to work in various settings, including childcare centers, schools, institutions, private homes, and more. This list is not exhaustive, and there are additional employment opportunities available to graduates.

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- Plan and participate in recreational activities and outings, such as games and field trips
 - Take care of children in settings like group homes, nurseries, businesses, or schools for those with disabilities
 - Manage daycare centers within businesses
 - Perform general personnel duties like supervision, training, and scheduling
 - Sterilize bottles and prepare formulas for infants
 - Accompany children to and from school, appointments, and outings

Course Duration and Sequence

For students interested in the Childcare Worker part of the program, the training duration is expected to be 4 to 9 months or approximately 480-720 hours. If students pursue the Preschool Teacher training, they should plan for approximately 9 to 12 months or about 1080 hours.

Please keep in mind that completion timelines may differ due to additional services provided and the individual pace of each student.



To learn more about this program and others, please scan the QR code.

