Kentucky Career Center
Vocational Rehabilitation

CDPVTC Training Area

Cosmetology

The Cosmetology training program is designed to meet the entry-level need of any business that employs cosmetologists, estheticians, shampoo stylists, and/or nail technicians.



Learning Objectives

- Keep workstations clean and sanitize tools
- Apply lighteners or color to hair
- Cut, trim and shape hair or hairpieces, based on customer instructions, hair type and facial features
- Schedule client appointments
- Demonstrate and sell hair care products and cosmetics
- Analyze customer hair and recommend beauty treatments or suggest hair styles
- Shampoo, condition, and style hair or wigs
- Operate cash register and manage supplies
- Comb, brush, and spray hair or wigs to style
- Develop new styles and techniques
- Apply water, setting, straightening or waving solutions to hair and use curlers, rollers, hot combs, and/or curling irons to press and curl hair
- Shape eyebrows, remove facial hair, and groom beards by waxing, tweezing, or clipping (clippers)
- Massage and treat the scalp
- Administer therapeutic treatments for scalp conditions
- Recommend and explain the use of cosmetics and lotions
- Clean, shape, and polish nails
- Apply artificial fingernails
- Provide facials using specialized compounds
- Follow infection control regulations to protect customers

Expectations & Requirements

While on the job, you will be expected to always display the following traits:

- Punctuality and dependability
- Attention to detail and accuracy
- Cooperation
- Ability to actively listen
- Capacity to communicate effectively
- Self-control



Minimum Requirements

To enroll in the Cosmetology training program, students must meet the following requirements:

- Have a high school diploma or equivalent
- Possess a minimum academic grade level of 6th grade in reading
- Have basic math skills
- Be capable of walking, standing, stooping, squatting, and bending for moderate to extended periods
- Tolerate allergens, noise, and chemicals

Additionally, for the Cosmetology Instructor Training, students must have already held a current license cosmetology license for one year.

These requirements ensure that students have the necessary educational foundation and physical abilities to succeed in the Cosmetology program.

Course Duration and Sequence

Students wishing to enter the Cosmetology training program should expect to spend a minimum of 15 months or 1500 hours in training. Students will also be required to pass the Kentucky State Board of Cosmetology Exam.

Students wishing to enter the Cosmetology Instructor Training should expect to spend 750 clock hours for completion.

Please note that with the addition of ancillary services as well as individual pace, student completion timelines will vary.

Career **Options**

Upon completion of the Cosmetology training program, you will have various entry-level career options in the following areas: Cosmetologist, Esthetician, Shampoo Stylist, and/or Nail Technician. These career options provide a range of opportunities for you to apply your skills and creativity in the cosmetology and nail industry. All students enrolled in the cosmetology training program and/or nail technician training will have the chance to acquire a Kentucky State Board of Cosmetology License and/or Nail Technician License. This license is a valuable credential in the field.

Cosmetologist

As a cosmetologist, you will be responsible for tasks such as cleaning workstations and sanitizing tools, hair lightening, coloring, cutting, and shaping hair pieces, scheduling client appointments, updating customer records, demonstrating and selling hair care products and cosmetics, analyzing customer hair and recommending beauty treatments or hairstyles, developing new styles and techniques, shaping eyebrows and removing facial hair, providing scalp treatments, administering therapeutic medication, and other related tasks.

Esthetician

If you choose to pursue a career as an esthetician, your duties will include disinfecting equipment, examining client skin, cleansing and caring for skin, applying cosmetic products, performing extractions, staying updated on industry trends, providing facial treatments using specialized techniques and products, referring clients for medical treatment when necessary, removing body and facial hair, providing facial and neck massages, keeping client records, advising clients on makeup and application techniques, and more.

Shampoo/Stylist

If you choose to pursue a career as a shampoo/stylist, your duties will include massaging, shampooing, and conditioning client's hair and scalp, advising clients with chronic or potentially contagious scalp conditions to seek medical treatment, keeping client records, applying solutions to hair for therapeutic or cosmetic purposes, as well as styling the hair by means of blow dryers, thermal setting, finger waving, roller setting and by various other means of styling the hair.

Nail Technician

As a nail technician, your responsibilities will involve cleaning and disinfecting tools and work areas applying polish to nails, maintaining inventory and client records, shaping and smoothing nails, preparing cuticles, treating nails to repair and improve strength, extending nails using artificial methods, promoting and selling nail care products, decorating nails with ornaments or designs, and other tasks associated with nail care.

Cosmetology Instructor

For Cosmetology Instructor Training, students must have already held a current cosmetology license for at least one year. Students wishing to enter the Cosmetology Instructor Training should expect to spend 750 clock hours for completion. An apprentice instructor shall be under the immediate supervision and instruction of a licensed instructor while providing any instruction for students. Courses include Psychology of Student Training; Introduction to Teaching; Good Grooming and Professional Development; Course Outlining and Development; Lesson Planning; Teaching Techniques (methods); Teaching Aids, Audio-Visual Techniques; Demonstration Techniques; Examinations and Analysis; Classroom Management; Recordkeeping; Teaching Observation; Teacher Assistant; and Pupil Teaching (practice teaching).

After completing the Cosmetology Instructor Training Program, you will have various employment opportunities. You can work in diverse settings, including hair and nail schools and more. These are just a few examples, and the possibilities extend beyond these options.

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To learn more about this program and others, please scan the QR code or visit: https://bit.ly/43Cxhry

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