

## CDPVTC Training Area

# **Custodial/Building Maintenance**

The Custodial/Building Maintenance training program is designed to meet the entry-level workforce needs of any business that employs custodial, industrial cleaning, or skill and trade workers.



#### **Expectations & Requirements**

While on the job, you will be expected to display the following traits at all times:

- Be on time and dependable
- Attention to detail and accuracy
- Cooperation
- Ability to actively listen
- Communicate effectively
- Self-control



### Learning Objectives

- Service, clean or supply restrooms
- Sweep, mop, scrub, or vacuum floors in buildings
- Collect and empty trash
- Use chemical cleaners and power equipment properly to avoid damage to floors and fixtures
- Mix water and detergents or acids in containers to prepare cleaning solutions, according to specifications
- Clean windows, glass, and mirrors using soap or other cleaners
- Notify managers concerning the need for major repairs or additions to building operating systems
- Get the supplies and equipment you need for cleaning and maintenance
- Dust furniture, walls, machines and equipment
- Strip, seal, finish and polish floors
- Clean and polish furniture and fixtures
- Steam clean or shampoo carpets
- Move heavy furniture, equipment or supplies by hand or with hand trucks
- Set up, arrange or remove decorations, tables, chairs, ladders or scaffolding for events like banquets or meetings
- Make small adjustments or repairs to heating, cooling, plumbing or electrical systems



#### **Minimum Requirements**

To enter the Custodial/Building Maintenance training program, students do not need to meet specific academic levels in reading or math. However, they should be able to:

- Walk, stand, bend and climb for moderate to prolonged periods of time
- Lift and carry 50 pounds frequently and 100 pounds occasionally
- Tolerate exposure to dust, allergens, noise and chemicals
- Possess good communication skills and vision
- Have functional use of hands, arms, prosthetics or arm stick devices

#### **Course Duration and Sequence**

For students interested in the Custodial portion of the program, the training duration is approximately 3-4 months or 360 hours.

To enter the Building Maintenance portion, students must first complete the Custodial track and receive permission from the instructor. In the Building Maintenance track, students should anticipate spending around 6-7 months or 720 hours in training.

With the addition of ancillary services as well as individual pace, student completion timelines will vary.

## Career Options

After completing the Custodial/Building Maintenance training program, students will be prepared for entry-level employment in either Custodial Services or Building Maintenance.

#### **Custodial Services**

In this role, individuals will perform tasks such as restroom maintenance, floor cleaning (sweeping, mopping, scrubbing, vacuuming), trash collection, window cleaning, dusting furniture and equipment, floor maintenance (stripping, sealing, finishing, polishing), furniture and fixture cleaning and other required duties.

#### **Building Maintenance**

Duties in this area will vary based on the specific establishment's procedures. They may include a combination of custodial services like floor sweeping, mopping, and vacuuming, trash collection, window cleaning, furniture polishing, as well as basic tasks in carpentry, plumbing, masonry, painting and electrical work.

All students enrolled in the Custodial/Building Maintenance training program will have the opportunity to obtain the Certified Custodial Technician certification from the Cleaning Management Institute. Upon completing the program, students can find employment in various settings, including schools, office complexes, malls and more

Please note that the career options mentioned above are not limited to these specific areas, as opportunities may exist in other industries as well.



To learn more about this program and others, please scan the QR code.





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