



Safety Travel Tips

Using Public Transportation

- Consider asking a sighted person to help you identify the correct vehicle.
- Before getting into a taxi, ask for the driver's name and vehicle number, and if possible, record this information.
- When using services such as Uber or Lyft, call the driver before entering the car. When the driver's phone rings, you know you are entering the correct vehicle.
- Use a GPS smartphone app when riding in a vehicle to ensure you are traveling in the right direction.
- Inform family members or friends where you are going and how you will be getting there.

Walking Safely

- Stay aware of your surroundings to notice important landmarks.
- Walk with confidence with your head up.
- Use your cane to detect obstacles, curbs and steps.
- Keep your cane or other items in front of you to keep people from getting too close.
- If you think you are in danger, yell specific words such as "get back" to alert others around you.


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Keeping Personal Information Ready & Secure

- Organize your wallet to easily locate cards/papers.
- Use smartphone app or “ICE” to list emergency information.
- Keep a list of allergies and medications in your wallet.
- Use a purse or pack that can be securely kept on your body while traveling.
- While in waiting rooms, do not sit your purse/pack in vacant chairs beside you.

Staying at a Hotel

- Keep the room door locked at all times. If someone knocks on your door, do not unlock and open the door until you verify who is there. If you do not recognize the person, ask the purpose for coming. Call the front desk to verify any reason for an employee to need entrance to your room and/or ask a front desk employee to come to your room to identify the person.
- Place your wallet/purse in an out-of-sight location such as inside a travel bag so it is not seen when room door is open.
- Inform family members or friends where you are going and how you will be getting there.