

# Carl D. Perkins



# Vocational Training Center



## TRAINING PROGRAMS

Carl D. Perkins Vocational Training Center (CDPVTC) offers a number of occupational skills training programs. These programs provide consumers with the entry-level skills required to obtain a job in their chosen field. CDPVTC training programs include:

- *Automobile Lubrication & Detailing*
- *Building Maintenance & Custodial Services*
- *Childcare Development*
- *Cosmetology*
- *CVS Retail-Pharmacy Collaborative*
- *Food Service*
- *Grounds Keeping*
- *Industrial Truck/Forklift Operator*
- *Materials Management*
- *Office Technology*

CDPVTC also offers customized trainings through cooperative agreements with local businesses, schools, and hospitals, as well as offers adult education and workplace adjustment programs. For individuals seeking to obtain a college degree, CDPVTC offers the Academic and Life Skills Program of Higher Education.

**5659 Main Street  
Thelma, KY 41260  
(606) 788-7080**

## ABOUT CDPVTC

CDPVTC is committed to assisting individuals with disabilities in attaining sustainable and competitive integrated employment. Our aim is to promote independence and foster self-respect through the provision of comprehensive services.

To apply for admission, a case referral from a counselor at the Kentucky Office of Vocational Rehabilitation is required. Alternatively, other agencies may sponsor an individual for enrollment if there is an agreement in place with the Kentucky Office of Vocational Rehabilitation.

## TUITION

There is no cost to consumers to attend CDPVTC if the consumer is referred through the Kentucky Office of Vocational Rehabilitation.

## PHYSICAL MEDICINE AND REHABILITATION SERVICES

### ASSISTED LIVING UNIT

Nursing services are provided 24 hours a day under the direction of licensed physicians. All services promote an optimal state of wellness and independent functioning by assessing general health and providing restorative health maintenance.

### PHYSICIAN'S CLINIC

A physician provides primary care for the physically challenged, a wide variety of orthopedic and neurological services, and other disability related medical problems that may occur.

### LIFE SKILLS ENHANCEMENT PROGRAM

The Life Skills Enhancement Program is a three month program that provides services to persons with a range of disabilities including, but not limited to Autism Spectrum Disorders, learning disabilities, and traumatic brain injury. The primary goal of the program is to assist consumers to optimize cognitive, physical, social and vocational functioning. The program includes physical therapy, occupational therapy, and speech therapy along with several groups such as Critical Thinking, Social Skills, Medication Administration, and more. Life Skills Enhancement is typically completed prior to enrollment in a skill training program.

### PHYSICAL THERAPY

Physical therapy treatments improve physical functioning of an individual after an injury, illness, or disease. Therapy is provided by a licensed therapist upon referral by a physician and the development of a therapeutic plan.

### OCCUPATIONAL THERAPY

Occupational therapy provides treatment programs based on purposeful activities. The goal is to assist consumers of all ages who need skilled assistance to maximize their independence because of physical, developmental, or emotional problems.

### PHYSICAL RESTORATION PROGRAM

The Physical Restoration Program provides an intensive, multi-disciplinary approach to increasing or restoring functional living skills and promoting the most efficient use of existing skills.

### REHABILITATION TECHNOLOGY

Rehabilitation technology is the adaption of the physical environment to meet the needs of consumers, which includes modifying job tasks and customizing work stations.

### ASSISTIVE TECHNOLOGY

Assistive technology services are provided to consumers who require the use of special technology or equipment to better manage daily activities at home, in the workplace, or in the community.

### SPEECH PATHOLOGY

Speech therapy is offered for a variety of communication disorders including expressive and receptive language, voice problems, disorders of fluency and articulation, motor speech, and aural rehabilitation.

## CLASS HOURS

Classes are in session Monday through Friday from 8:00AM until 3:00PM, excluding holidays. Classes are dismissed for 3 weeks in the late spring/early summer for a student summer break and again for 3 weeks during the winter holidays.



## ADDITIONAL SERVICES

### PSYCHOLOGICAL SERVICES

Mental health services are available to help meet individual goals through individual and group counseling including anger management, relationship, self-esteem and socialization, alcohol and drug assessments and counseling, psychiatric evaluations, and crisis intervention.

### GENERAL EDUCATIONAL DEVELOPMENT TEST PREPARATION & ADULT EDUCATION

Instruction to help persons pass the General Educational Development test is available to consumers enrolled at CDPVTC and to eligible adults who are not enrolled at the facility.

### BeST PROGRAM

Students who attend CDPVTC are required to participate in the Behavior Intervention Supports & Techniques (BeST) program that is designed to teach appropriate work behaviors. Students are expected to display appropriate behaviors at all times and consequences apply to those who do not comply with the rules of the program and the Perkins Center.

### REAPPLYING FOR SERVICES

Individuals who have previously received services from CDPVTC may re-apply to return. Eligibility for admission will be determined upon the Center receiving the referral from the counselor with the Kentucky Office of Vocational Rehabilitation.

## LOCATION

CDPVTC is located in Thelma in Johnson County, Kentucky. Paintsville is the county seat. Driving time is approximately two hours (east) from Lexington and approximately one hour from the cities of Ashland (north) or Pikeville (south).

## TOUR INFORMATION

Tours of CDPVTC are available from Monday through Friday when classes are in session. Tours can be scheduled by contacting the Center at:

**1-800-443-2187 (in Kentucky only) or  
1-606-788-7080 (extension 86591).**

We encourage persons or groups who wish to tour the CDPVTC campus to schedule a minimum of one week in advance of the requested date.